



The Studio

Studio Professional Fees Effective 11th April 2022

Massage Treatment (approx. 45 min)	£55
New Patient Consultation including first Massage Treatment (approx. 50 min)	£60
1-to-1 Pilates session (approx. 50 min)	£50
2-to-1 Pilates session (approx. 50 min)	£80
Small Group Pilates 12 week Programme	£180

Prepayment plans

We offer prepayment plans - T&C's apply*

1. **1-to-1 Pilates Prepayment plan** - this is available to an individual patient and offers a discount for a series of 10 sessions. **£450**
2. **2-to-1 Pilates Prepayment plan** - this is available to a pair of patients and offers a discount for a series of 10 sessions. **£720**
3. **Group Pilates** - a weekly (with the exception of Bank Holidays) group Pilates class. **£180**

Please note...

With the exception of Group Pilates (see above), we require 24 hours notice to amend or cancel appointments - changes or cancellations of less than 24 hours will be charged at the full rate.

* Group Pilates Terms and Conditions

1. Plans must be paid for in full at the first session of the series.
2. Any fee increase during the lifetime of an individual plan will not be applied.
3. Any plan must be used within **12 months** of the initial purchase.
4. Small Group Pilates - a 12 week commitment (same time and day each consecutive week).
5. Small Group Pilates, missed appointment - except in exceptional circumstances there is no credit for missed classes.
6. Small Group Pilates plan, cancelled appointment - we require 48 hours notice prior to the effective class, a pro-rata refund will be issued.

* 1-1 and 2-1 Pilates Prepayment plans Terms and Conditions

1. The Pilates Prepayment plan of 10 treatments must be paid for in full at the first treatment of the series.
2. **1-1 and 2-1 Pilates Prepayment plans** must be used within **one year**.
3. Any fee increase during the lifetime of an individual Prepayment plan will not be applied.
4. Should, for any reason, at either yours or our instigation, the full series of treatment not be completed within the relevant time frame, the balance owing will be calculated as follows. The total amount due will be re-calculated, as if the prepayment plan had not been taken and any balance returned. e.g. F&F plan stopped after 7 treatments. £350 due (7 @ £50/treatment) result in return of £100.

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